

# May @ Bethany

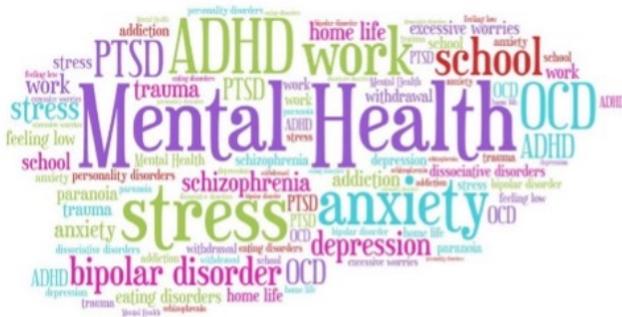
## Bethany Presbyterian Church

### From the Pastor

Dear friends,

May is Mental Health Awareness Month. Lately more and more institutions, schools, organizations have been trying to make the conversation around mental health possible. Knowing that the barrier to conversation is often fear and ignorance, awareness and education have become strong tools in this effort. During interviews with SF Giants players after the games this season I have seen players wearing t-shirts that say, "Strength isn't always physical" with the tag #endthestigma. Often when public personalities tell the stories about their struggles the rest of us gain

more courage. The hope is that others will get the help they need before it is too late.



As an organization, the SF Giants know about mental health. Having first signed with Major League Baseball in 2010, Drew Robinson signed a minor league contract with the SF Giants in 2019. In 2020 he survived a suicide attempt with a handgun that left him without his right eye, a sense of smell or a sense of taste. Miraculously he fought his way back to life and to baseball. In 2021 he retired as a SF Giant and moved into the front office as the SF Giants mental health advocate.

By having a mental health advocate, companies and organizations like baseball teams are able to put otherwise taboo subjects in front of us and normalize a difficult conversation. South San Francisco is having two opportunities to learn Mental Health

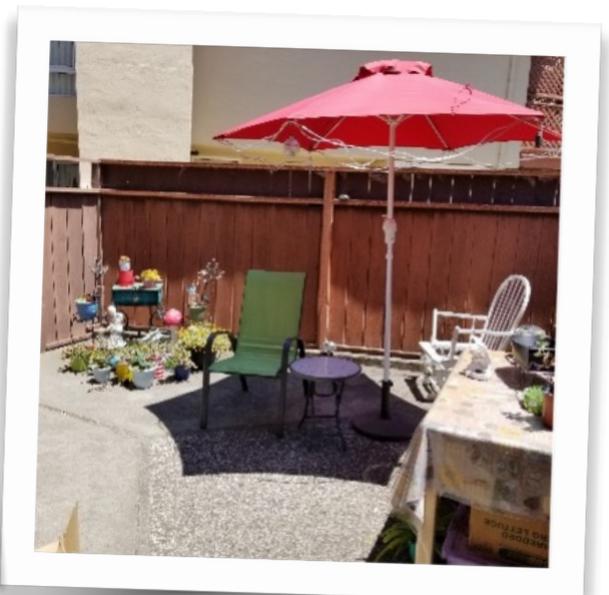
First Aid (see the flyer on Deb's door).

In the language of faith, Drew Robinson's story and that of many others who have fought to have a second chance at life, have experienced resurrection. Using that resurrection to help others have a second chance is like what we do as

the Church. During this season of Easter let's do what we can to spread resurrection!



And now that Patio Season has begun,  
as always, let's talk,  
Pastor Deb





On **Good Friday**, Bethany was open for anyone who would like to stop by to reflect or just be in the Sanctuary. There were a few stations with activities that were used to focus thoughts or encourage prayer.



## Community Life



### Next events

Movie Night - Note June 3 at 6:00 pm. More information to come  
Barbecue - July or August

Look for dates and more information in future newsletters regarding these events!



## Community Action

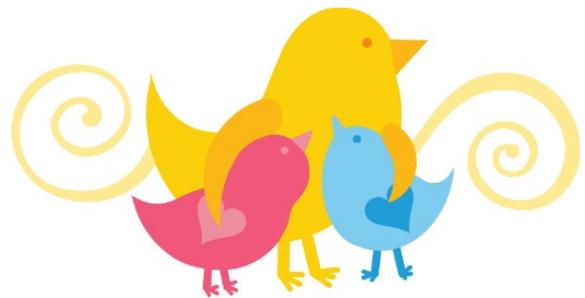


- Discussion is underway for a possible "Bethany" day at Second Harvest
- Contact with San Bruno schools to find out what assistance is needed
- Continued communication with Peter Stiehler at Catholic Worker Hospitality House for needs they may have at their facilities



### Birthdays

- 5 Steve Cady
- 7 Ryan Hood
- 8 David Cady
- 9 Walt Bird
- 13 George Lynch
- 22 Ronan Nicolosi
- 24 Dave Wales
- 30 Norma (Skip) Quickert

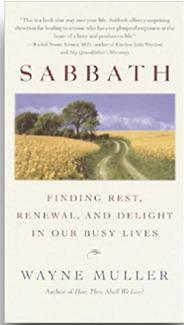


Happy Mother's Day - May 14

### Anniversaries

- 27 Corey and Janine Valine
- 30 Frank and Donna Goodwin

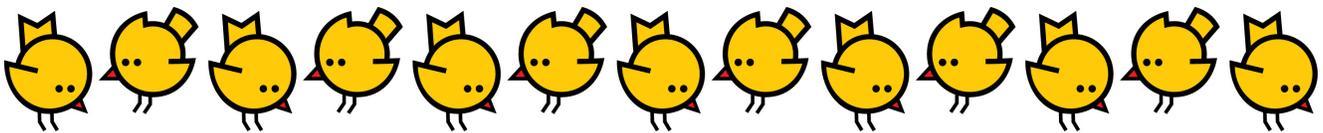
## Ruth Covenant Group



The Ruth Covenant Group will be meeting on Monday, May 8 at 6:30 pm at the church. It will be a hybrid meeting with some participants meeting in person in the sanctuary, and some meeting via zoom. If you would like to join by zoom, please let Tamra Hollenbeck know so we can send you the link. We are reading from the book *Sabbath: Finding Rest, Renewal, and Delight* by Wayne Muller. We will focus on the second half of the chapter entitled "Rest," reading pages 40-61, and the chapter entitled Rhythm, pages 65-93. In addition to very gentle prose, the author includes exercises that can be practiced by anyone, helping to bring sabbath moments into our daily lives. Sound like something you might be interested in? Please join us! In addition to our discussion, there will be an opportunity for check-in, fellowship, and prayer. All are welcome to attend!

### Deacons Luncheon

The Bethany Deacons will host a Let's Get Ready For Summer Luncheon on Sunday, June 11 in the sanctuary after worship. In addition to having an enjoyable time visiting with the congregation, a special couple of guests will be in attendance. Ken & Roberta Henry are planning to visit the Bay Area for a week, and they hope to attend worship on June 11. Mark your calendars now, and join in for a lovely and relaxed luncheon!



### Monthly events at Bethany

**Sundays:** Worship at 10:00 am  
Coffee Hour 11:00 am  
(rehearsals start 8:30 am)

**Wednesdays:** Prayz 6:00 pm  
Chancel Choir 7:30 pm  
Prayer Group 6:30 pm

**Submissions for W@B:** Tuesday mornings.

**Submissions for the June newsletter:**  
Tuesday, May 25

1<sup>st</sup> Sunday: Communion at Worship Service

2<sup>nd</sup> Sunday: Worship Committee 11:00 am

2<sup>nd</sup> Monday: Ruth Covenant Group 6:30 pm

3<sup>rd</sup> Sunday: Deacons Meeting 11:30 am

3<sup>rd</sup> Monday: Financial Trustees 4:30 pm

3<sup>rd</sup> Tuesday: Session 4:30 pm

Buildings & Grounds,  
Community Action committees  
– as scheduled

## April 18, 2023 - Session Meeting Highlights

### Pastor's Report by Rev. Deb McGuire:

Discussion about Month@BPC newsletter. All agreed it may be sent on the 1st day of each month.

### Financial Trustees Report by Lyn Hughes:

Lyn continues work on securing bids for grounds-work to be done.

Continued discussion about Room 9 and getting it ready to use for outside groups meetings.

### Buildings and Grounds Report by Dave Wales:

Dave is continuing research and getting quotes for adding a solar array to BPC.

Discussion about avoiding high energy costs. All external doors and windows will be checked for efficiency.

### Community Action/Life & Outreach Report by Lyn Hughes:

Movie Night - June 3rd @ 6:00 pm(Movie still to be chosen.)

### Personnel Report by George Lynch:

Pulpit Supply for May 21 & June 23 - Rev. John Chamberlin.

### Worship Report by Pam Matthews:

Discussion about current sound problems during services. George will research the next step to correct the problems.

**Next Session Meeting - June 13, 2023 @ 4:30 PM. (Due to scheduling issues, no May meeting is planned.)**

## Financial Trustees

### Financial Items:

- Continued contact with our tenant, the Sikh Association, on various items since we transition to our new 5-year lease. Dave Wales will contact Harry regarding plans for Room 1 which were on hold due to weather conditions
- Grounds Clean-Up – work continues on finding a vendor for our grounds clean-up and possible ongoing grounds maintenance. Mostly messages have been left for people to call back; more phone calls will be made; Dave Wales started search regarding possible transition to solar for our energy, door locks are being reviewed, as well as how secure the door close in the building
- Room 9 clean-up/removal of various large items in anticipation of use of the room for evening meetings; also discussion about new window treatments in this room
- Discussion regarding kitchen updates, possible new or refacing the cabinets, and an island replacement/update
- Patio repair – on hold until early summer

March		Year-to-Date		
\$19,794.68	Income	\$43,528.43	Income	84.843%
-\$17,673.54	Expense	-\$49,682.86	Expense	-84.649%
\$2,121.14	Difference	\$6,154.43	Difference	0.193%

Continued appreciation for your faithful giving each month!



### **Our Purpose Statement**

Bethany's purpose is to provide a nurturing and energizing environment to feed the soul so we can go out into the world and reflect the glory of God, the love of Jesus Christ, and the power of the Holy Spirit.

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### **Our Welcoming Statement**

We don't yet know who you are, but we do know that you are a dearly beloved child of God, and you are already welcome here. We invite you, on your unique spiritual journey, to join us in the life and ministry of Bethany Presbyterian Church.

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### **Bethany Presbyterian Church**

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