

WEDNESDAYS @ BETHANY

MAY 13, 2020



BETHANY PRESBYTERIAN CHURCH

Welcome to our weekly newsletter! ***Wednesdays at Bethany*** will include important announcements for the life of the congregation. If you'd like to receive the email without the PDF attachment, please let us know. And if you would rather not receive this newsletter, please let us know and you will be removed from the list.

Dear Bethany Family,

I want to write a note of encouragement to you this week. I feel as though so many things have been changing in so many ways, and every day seems to bring a new challenge. I sometimes feel as if nothing I used to do is okay to do anymore. Even just walking down the street, and providing a wide berth for a person walking toward me so that we remain six feet apart and under no circumstances do we breathe the same air. Walking through the door and holding it for the person behind me is seen as suspicious. Having second thoughts about everything I touch. Even when I remind myself to just relax, be in the moment, take a deep breath – and my brain goes off on a tangent about how hard it becomes to breathe with the virus – and then I'm back to my worrying. I hope you are finding ways to rest and give yourself a mental break whenever you need to. Many of us are so used to being capable and good problem solvers, so when we find ourselves stumped about some of these seemingly simple challenges our mood takes a dive. I hope you know that you can reach out to me at dmcguire@bethanypcusa.org, or you can call the church office at 650-589-3711 for information about how to call me.

Your church leadership is working constantly on how we do worship and discussing changes that will be made, as well as what other offerings we can build. I just finished a webinar that reminded over 500 attendees that all of this will be a start and stop scenario for a long time. We all are praying for each other, and thinking of each other, and finding new and creative ways to be of service to one another.

Blessings to all of you in this time,

Pastor Deb



Please come to our first weekly Prayer Zoom Service tonight and every Wednesday from 6:30-7:00 pm. This will be a perfect opportunity to gather and receive strength and encouragement through quiet, poetry, readings, scripture and meditation. Each week will be a different structure. You can attend by sending your email to dmcguire@bethanypcusa.org and I will send out a zoom invitation.

Calling All Graduates!

This year our graduates will either be going without a graduation ceremony, or it will be very different from what they expected. This does not diminish their accomplishments, and we want to celebrate!

If you or a family member are graduating or being promoted, and would like to be recognized in the June@Bethany, please send the information to the church office.

You can include:

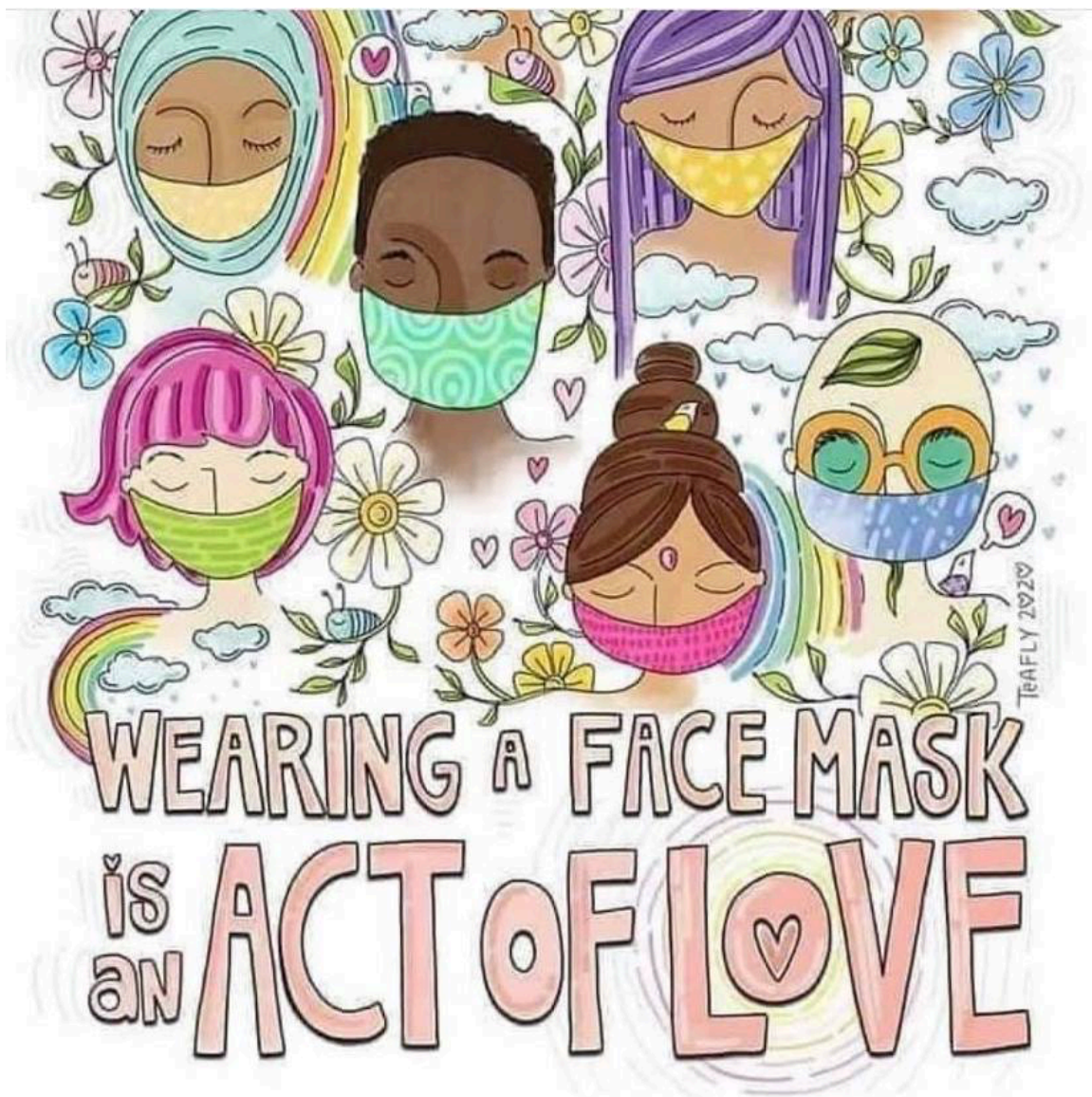
- Graduate's name
- School
- Degree/certification earned
- Future plans



Videos: Our Sunday worship services stream on Facebook live starting at 10 a.m. every Sunday until we are able to gather in person again! Afterwards, they are available to view on our website here: "[This Week in Worship](#)"

If you have prayer requests or announcements you'd like Deb to make during worship, you can email them to Deb ahead of time at dmcguire@bethanypcusa.org.

In addition to Sunday worship, Deb will hold two weekly check ins via Facebook Live on the Bethany Facebook page. They are currently scheduled for Tuesday evenings at 6 p.m., and Friday mornings at 10 a.m. Please pop in and hear a few words from Pastor Deb – it's a wonderful chance to check in with each other during the week! The videos will be available to view on our Facebook page and our website: <http://bethanypcusa.org/events/fblive-2020.html>



Great Plates Delivered: At this time, San Mateo County is preparing to launch the Great Plates Delivered Program, a new service that matches older adults at high risk from COVID-19 with local restaurants to provide three nutritious meals a day. Meals are delivered from restaurants and other food providers across San Mateo County, helping our older adults to stay home and stay healthy as we continue to shelter in place. The program also provides an avenue for local businesses to continue or re-open operations softening the losses being felt by the COVID crisis.

San Mateo County began outreaching to restaurants on May 1st and has received overwhelming interest from many who are ready to start cooking and delivering. Great Plates Delivered San Mateo County is now ready to enroll participants. **Please help us in spreading the word to your network of colleagues, family, friends, neighbors, community.**

Here are the eligibility criteria:

AGE

- Anyone 65 years of age or older
- Anyone 60-64 who is COVID-19 positive
- Anyone 60-64 who has been exposed to COVID-19 with written proof from a medical professional
- Anyone 60-64 with an underlying health condition

ANSWER "YES" TO ALL OF THE FOLLOWING QUESTIONS:

- Resident of San Mateo County
- Live alone or with one other eligible adult
- Do not receive meals from any other federal or state program
- Do not have family, friends, or caregivers who can help with meals
- Unable to prepare or shop for meals
- Have income less than \$74,940 for single person

Here is the link to a survey to determine eligibility:

<https://smcgov-106028.workflowcloud.com/forms/969663d6-479d-4138-afb1-e8b117fb25b5>

Please share the link widely and also feel free to help those who need assistance in completing the information. Most importantly, remember to hit the "submit" tab at the end so we receive the completed form. Individuals may also call and speak to multi-lingual county staff who can assist callers in applying. Here is the number: (800) 675-8437.



MORE LIGHT

PRESBYTERIANS

Bethany's Purpose Statement:

Bethany's purpose is to provide a nurturing and energizing environment to feed the soul so we can go out into the world and reflect the glory of God, the love of Jesus Christ, and the power of the Holy Spirit.

Bethany's Welcoming Statement:

We don't yet know who you are, but we do know that you are a dearly beloved child of God, and you're already welcome here. We invite you, on your unique spiritual journey, to join us in the life and ministry at Bethany.



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