

June@Bethany

Bethany Presbyterian Church

2022

Welcome to our monthly newsletter! Each month, the newsletter will feature more articles about the goings-on at Bethany, committee reports, and other items of interest. Ongoing announcements can be seen on the website.



Dear friends,

What an odd juxtaposition it is to be writing this with the sun and breeze and birds outside bringing the summer warmth to my mood, at the same time as I feel so heartbroken.

I don't know how they do it – those writers and artists who know exactly how to express the convoluted emotions of what it is like to be human. We hear again, of a shooting at a grammar school and of the loss of 19 children and two teachers at the hands of an angry 18 year old. Our knee-jerk reactions run the gamut from a heavy sigh to rage, from turning away unable to take in any more to spewing fury wherever we can. These first reactions are what we do to protect ourselves from being overwhelmed by the depth of our own feelings. Psychologists and sociologists may be able to explain some of the complexities. For now I offer some thoughts from Anne Lamott and a pastor colleague.

*From Anne Lamott: "Talking and sticking together was the answer. We were gentler, more patient and kind with each other, and that's a small miracle. It means something of the spirit is at work. For me, that is grace made visible. It doesn't come immediately, or by bumper sticker, and it doesn't come naturally. So now, after an appropriate time of being stunned and in despair, we sigh and help each other back to our feet. Maybe we ask God for help. We do the next right thing. We register voters and march. We buy or cook a bunch of food for the local homeless. We return phone calls, library books, smiles. We donate money. We practice radical self-care and say hello gently to everyone, even strange lonely people who scare us. We go to the market and flirt with old people who seem lonely. It can't be enough but it will be."
(from writings after Sandy Hook, reposted today)*

From a pastor colleague: "Reminding myself That rage is not a sustainable way to live And despair will only immobilize me."

But most of all, I remind us of the words of Christ, as he comforted his disciples and promised the coming of the Advocate:

Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid. (John 14:27)

I want to hear how you feel, about anything, any time. As always, let's talk. The patio, and now sometimes my office at church are open.

*Blessings,
Pastor Deb*



NAMI MENTAL HEALTH 101

NAMI Mental Health 101 is a program devoted to giving individuals an opportunity to learn about mental health through an informative presentation and personal testimonies that represent a variety of cultures, beliefs, and values. The goal of this program is to create a multi-generation of culturally diverse individuals that can help address the stigma associated with mental health conditions through education, support and advocacy.

This project was supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.

**Saturday,
May 28 @ 10am
(virtual on Zoom)**

Scan QR code with
smartphone to register



Registration is required for this Zoom program. To register, scan the QR code above, or go to

<https://www.ssf.net/Home/Components/Calendar/Event/21924/157>



Friends, it is with great sadness that we give thanks for the life of Kent Sicklebower, pictured here with his father the late Russ Sicklebower. Kent passed away on Thursday, May 19, at the age of 72. He surely lived a long, full life under the loving care of his parents and sister. We offer prayers of condolence for Kent's family and friends - especially to his sister Robin and her family. If you would like to send a card to Robin and Brad, their address is:
Brad and Robin Parker
30725 NE Canter Lane
Sherwood, OR 97140

Community Action/Life Committee

News about our Partnership with Iglesias Brasiliana – San Mateo:

At this time, we are not collecting **food items for IPB**. We will notify the congregation of further requests.

We are still collecting “change” (pennies, nickels, dimes, and quarters) for the IPB congregation’s “Multiplying Talents” program. The fund helps those in the IPB congregation for various things.

Please place any change in the “Coins for Iglesias Brasiliana” jar which is located right inside the door of the Sanctuary on the small table where you find the Sunday bulletins. Approximately \$350 has been delivered to Pastor Jorge at this point. We will collect coins through June 2022 as this program is winding down. Your coins and continued prayers for the IPB congregation are very much appreciated.

News about our efforts with Catholic Worker Hospitality House (CWHH) – San Bruno:

We continue to collect various food items and other supplies for CWHH. In the past six weeks, we have taken oatmeal, pasta, and other food items to CWHH along with various toiletries, towels, washcloths, socks, blankets, etc. which have been donated. If you have donations, please place them in the CWHH basket in the Narthex and we will ensure the items are delivered as soon as possible to CWHH.

Additionally, we plan to pack 50 toiletry bags for the CWHH after church on Sunday, July 10, at the back of the church. Please be sure to mark your calendars if you would like to help.

Donations for San Bruno Hospitality House: Please continue to bring your donations for Hospitality House and put them in the marked basket in the Narthex. Any questions about this please contact Rina Ranahan: (650) 291-6979.

A current list of shelter needs is on our website:

<http://bethanypcusa.org/we-do/shelter-needs.html>

Financial Trustees Report

April

\$ 15,457.50	Income	
\$(12,242.87)	Expense	
\$ 3,214.63	Difference	

YTD

\$ 64,249.75	Income	107.389%
\$(58,787.65)	Expense	(96.744)%
\$ 5,462.10	Difference	10.645%

Continued thanks for your ongoing support of our congregation.

Questions about the BPC budget? Contact Ken Henry-Chair-Financial Trustees, Lyn Hughes-Treasurer, Dave Wales-Secretary or Bonnie Morgan-Member at Large.

Questions about our tenant, the Sikh Association? Contact either the Financial Trustees (Ken Henry, Lyn Hughes, Dave Wales, or Bonnie Morgan) or Buildings and Grounds (Dave Wales)



Did you know?

We now have a new choice for shopping in our area? I like shopping whenever I can at Rainbow Grocery in San Francisco. I can buy a lot of things in bulk, re-using containers I already have, and appreciate the "eco-conscious" attempts at better packaging and healthy products. We are grateful for the organic produce too. They have a 10% senior discount (over age 60!) which kind of offsets the drive from my house which can sometimes only take 20 minutes. Not easy but worth the time. Now, evidently there is a new grocery in San Mateo that is all about reducing plastic use and promoting bulk options. Chris sent me the Daily Journal article about it: https://www.smdailyjournal.com/news/local/going-zero-waste-new-store-opening-in-san-mateo-aims-to-reduce-plastic-use/article_631b3a58-da71-11ec-a0ed-efab909ac111.html. I am going to check it out! The cost of food is high right now and buying organic can seem "too steep" but aside from our personal and family health buying organic (especially for the "dirty dozen" (Environmental Working Group maintains a list...ewg.org) there are important reasons that range from protecting farm workers to regeneration of our soil. Good to read about! Thanks for all you do in caring for the planet.

Beginning of Summer Luncheon - The Bethany Deacons will host a Beginning of Summer Luncheon after worship on Sunday, June 26. A light lunch of sandwiches, fruit, drinks, and cookies will be served in the Narthex, and the congregation will be invited to share the meal with each other on the patio. The Deacons will also provide 4th of July cards for anyone interested in sending a card to someone in the congregation who might not be able to make it to church every week. Please plan to join with other congregants as we celebrate the summer season!

Zoom Prayer Time: 6:30 p.m. Wednesdays: A time to meet as the body of Christ, and pray together using Zoom. Shared readings, poetry, guided meditation, and, of course, the prayers of the people. Please contact us to be invited to the Zoom meeting: bethanypres@bethanypcusa.org.



But Jesus said,
“Let the little children come to me,
and do not stop them;
for it is to such as these
that the kingdom of heaven belongs.”

Matthew 19:14

Welcome Ronan - The Nicolosi Family welcomed a new baby to their family the evening of May 22. Big sisters Aurora, Luna, and Elara were in and out of the room as Ronan made his entrance, as they were busily making cards and gifts for Mommy. Everyone is doing well. Mama Piper states that she is sore and tired, however she has a lot of support from Daddy Billy and Ronan’s sisters. Ronan weighed 9 lbs 14 oz, and measured 21.25 inches. Welcome to the planet, Little Ronan! We’re so glad you’re here!

And Welcome Elizabeth Sarah Noble! Firstborn of Katie Paganelli Noble and Isaac Noble, little Elizabeth was born on May 23rd at 3:53 p.m. She was 8 lbs. and 23.5 inches. Katie is one of our former Youth Club kids. Congratulations to Mom and Dad, and welcome to the world Elizabeth!



The flower of the month for June is the rose: The rose has long been a symbol of love, beauty, and affection. And each color rose holds a different meaning. A red rose means ‘I love you’ and is a sign of romance; pink represents happiness and admiration; a white rose symbolizes innocence and purity; orange means desire and excitement; yellow represents cheer and happiness, although some folklore considered it to mean jealousy. A red and white rose paired together has come to symbolize unity.

Bethany Story Time

We have a collection of children's books on our Facebook page! Over the past year (and a bit more!), Pastor Deb and various members of the congregation have recorded readings of children's books, and then Pastor Deb added video of the illustrations. The videos are available any time for you to enjoy! Share them with your family, friends, and neighbors! Find them here: <http://bethanypcusa.org/welcome/storytime.html>

Happy Birthday to these wonderful folks born in June!

- 1 Bill Marsh
- 2 Steve Rozmus
- 4 Paul Feliciano
- 5 Jonathan May
- 5 Knox Parker
- 11 Graham Richards
- 12 Huy Lee
- 16 Viviann Schlater
- 17 Ky Hollenbeck
- 19 Glenn Carlson
- 19 Bonnie Morgan
- 22 Nancy Crawford
- 23 Harlan Falejczyk
- 26 Tom Knox
- 29 Jim Engvall
- 29 Tom Abbott
- 30 Elaine Lutz
- 30 Geoff Browning



June Anniversaries

- 1 Chris Angeles & Steve Cady
- 2 Roberta & Ken Henry
- 2 Garry & Robyn Cox
- 11 Eric & Abby Huseh

We remember these Saints of Bethany who were born in June:

- 1 Ruth Herndon
- 5 Will Bullis
- 15 Ellen Kross
- 19 Orrin DeLand

Due Dates

For W@B: Tuesday morning.

For the monthly newsletter: the Tuesday before the last Wednesday of the month.

Bethany's Purpose Statement:

Bethany's purpose is to provide a nurturing and energizing environment to feed the soul so we can go out into the world and reflect the glory of God, the love of Jesus Christ, and the power of the Holy Spirit.

Bethany's Welcoming Statement:

We don't yet know who you are, but we do know that you are a dearly beloved child of God, and you're already welcome here. We invite you, on your unique spiritual journey, to join us in the life and ministry at Bethany.

Bethany Presbyterian Church is a member of More Light Presbyterians
<https://mlp.org>



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